



## Heidi S. Puc, MD, FACP, ABIHM

Dr. Heidi S. Puc is a Hematologist-Oncologist and Integrative Holistic Medical Specialist, combining her expertise and practice in Oncology with Integrative Holistic Medicine. Dr. Puc is currently a partner at Hematology-Oncology Associates of CNY, PC in East Syracuse, NY (HOACNY). She joined the practice upon completing her Fellowship in Medical Oncology/Hematology at Memorial Sloan-Kettering Cancer Center in New York City. Dr. Puc received her M.D. at Mount Sinai School of Medicine, in New York City, and is also a Fellow of the American College of Physicians.

Prior to that, Dr. Puc was accepted into the prestigious and highly competitive Sophie Davis School of Biomedical Education at the City College of New York, which selects just 70 students nation-wide annually, and is a seven-year program which aggressively combines a college B.S. with the last two years of medical school training in affiliation with the Mount Sinai School of Medicine.

Dr. Puc received an **American Society of Clinical Oncology Merit Award** for her presentation, *“Phase II Trial of Taxol in Cisplatin-Resistant Germ Cell Tumor Patients,”* presented in Dallas, TX, and for an **American Society of Clinical Oncology Presentation**, *“Post-Chemotherapy Management of Residual Mass in Seminoma: an Update,”* given in Los Angeles, CA.

Dr. Puc is currently a Diplomate of Integrative Holistic Medicine through The American Board of Integrative and Holistic Medicine. She brought this exciting and much sought-after modality of healing to HOACNY by initiating and establishing a consultative service of Integrative Oncology within her practice. This has given patients more alternatives and autonomy in their cancer treatment. This newly established service now comprises approximately 20% of Dr. Puc’s patient load, and has increased HOACNY’s overall reputation as a dynamic and forward-thinking practice, drawing in an increasing number of patients who are looking for choices and input into their cancer treatment protocols. To further her knowledge and credibility, Dr. Puc applied for and was accepted into a distance-learning fellowship in Integrative Medicine, to begin in February 2014, studying under the direction of Dr. Andrew Weil, through the University of Arizona’s Center for Integrative Medicine.

Dr. Puc enjoys teaching traditional and integrative oncology to established and in-training physicians, and has taught as a Clinical Assistant Professor in the Department of Medicine at the Health Science Center at Syracuse, by virtue of her Preceptorship for SUNY Upstate medical students and residents in her private office setting. She has also taught **The Healer’s Art Course** at SUNY Health Science Center, as a co-teacher working with Dr. Lynn-Beth Satterly, a family practitioner, teaching medical students the importance of nurturing themselves in mind, body and spirit during their training years and beyond.

Dr. Puc continues to passionately explore other innovative ways to combine and balance the healing effects of traditional oncology with Integrative, Holistic and mind-body practices. She has **Energy Medicine Certifications** in *Reiki Levels I and II*, *Basic Pranic Healing*, and is a *Seichim Master*. She also co-leads a monthly meditation gathering, which she co-founded in 2009, at the Wellness Center run by HOACNY, in Camillus, NY. Dr. Puc resides in Manlius, NY.