

Ronald Stram M.D.

Founder of The Center, Board Certified Medical Doctor, Integrative and Functional Medicine



For the past 25 years, my work as an emergency medicine physician prompted me to recognize the need for holistic and preventative care as a means to reduce the debilitation associated with chronic disease so often seen too late in the emergency setting.

I felt a strong connection to my original motives for becoming a doctor and decided to expand my career in a new direction by seeking out the Integrative Medicine fellowship program at the University of Arizona with Dr. Andrew Weil. After successfully completing my two year fellowship training, I felt committed to providing this form of medicine to my own hometown. This inspired me to establish the Stram Center for Integrative Medicine more than ten years ago.

The Stram Center's collaboration between conventionally trained medical doctors with complementary providers is anchored by the respect for the wisdom and science across shared disciplines. More minds working as a team has proved to be more effective in addressing the needs of our patients. Our integrative approach continues to reinforce my belief that when a medical environment focuses on the social, emotional, physical, and spiritual needs of individuals with chronic health conditions and their support network, healing can occur. It is my experience that this is the kind of healthcare people are seeking. Every day at the office, I feel privileged to work with my colleagues who share this philosophy of healthcare.