



Special Programs From BREAST CANCER OPTIONS



Sponsored by a grant from Susan G. Komen Northeastern New York

CLINICAL TRIALS FOR RECURRENT AND METASTATIC BREAST CANCER. WHAT YOU NEED TO KNOW!

PROGRAM: Clinical Trials for Recurrent and Metastatic Breast Cancer are research studies in which people agree to try new therapies (under careful supervision) in order to help doctors identify the best treatments with the fewest side effects. These studies help improve the overall standard of care.

DATE: SATURDAY MARCH 18, 2017- Noon

LOCATION: SOLARIS- 360 Warren St, Hudson, NY 12534

SPEAKER: Maria Theodoulou, MD, formerly of Memorial Sloan Kettering Cancer Center in New York is recognized internationally for her breast cancer research and is seeing patients at NYOH's Patroon Creek location. She is a Board-certified medical oncologist who works exclusively with patients diagnosed with early and advanced breast cancer.

COME & LEARN: What clinical trials involve and how to join one; The risks and benefits of clinical trials; How to research these trials to find one that may help; Why Clinical Trials Are Important; How Clinical Trials Are Conducted; Who Can Participate in a Clinical Trial?

HOW DIET CAN HELP FIGHT CANCER

PROGRAM: If you are battling cancer, your diet, can make a huge difference in helping you fight it. Some foods actually increase your risk of cancer, while others support your body and strengthen your immune system. By making smart food choices, you can protect your health, feel better, and boost your ability fight off cancer and other diseases. Learn about different anti-cancer diets.

DATE: MARCH 25, 2017- Noon

LOCATION: HEERMANCE MEMORIAL PUBLIC LIBRARY - 1 Ely St, Coxsackie, NY 12051

SPEAKER: KOREY DIROMA, ND is a naturopathic doctor at The Stram Center for Integrative Medicine in Delmar, NY and Bennington Vermont. He believes that medicine is about healing the whole person and finding the root cause of a person's disease to start a healing process.

LEARN HOW TO: Minimize pro-inflammatory foods; Boost your immune system; Promote a stable blood sugar; Balance your hormones; Maximize the nutrient density of your diet: antioxidants, phytochemicals, vitamins and minerals; Embrace all aspects of a healthy lifestyle

REGISTRATION IS REQUIRED! A light lunch will be provided. Open to the public.

To register: email: hopenemiroff@yahoo.com or 845-339-4673

Breast Cancer Options provides FREE peer-led support, education and advocacy services for women with breast cancer in the Hudson Valley. See our website: www.BreastCancerOptions.org